





Dr. Joseph Ryan Smolarz, M.D., M.B.A. Surgeon | Investor | Speaker



Joseph Ryan Smolarz, MD, MBA is a surgeon-turned-entrepreneur, investor, and thought leader in healthcare, real estate, and innovation. As the founder of Beehive Homes Assisted Living of Broken Arrow, Smell Again, Dr. Ryan's and STOR Partners, he also serves as the blockchain lead for SToR Token.

With multiple patents and over \$30 million in assets under management, Dr. Smolarz blends medical expertise with business acumen to drive impact across industries. A former chief resident at the world's busiest trauma center, he now teaches doctors how to reclaim their time through investing.

Dr. Smolarz is the author of the upcoming book "Heal Thy Wallet" and hosts the Medicine and Money Show. As a sought-after speaker and advisor, he has been featured in Forbes, Yahoo Finance, and Marquis Who's Who.

Testamonials

-- "Dr. Joseph Ryan Smolarz's story is transformational—proof that intentional mindset shifts can create massive impact.

From accomplished board-certified surgeon to strategic investor and thought leader, he exemplifies the power of purposeful growth and reinvention. His 10B Framework—especially the shift from consumer to investor—is revolutionary. Ryan doesn't just teach transformation—he lives it, empowering others to break free from system dependency and achieve lasting financial independence through smart investing.

I had the privilege of hosting Ryan on my podcast, and he left a lasting impression. "Change your mindset and change your life"—that's what he told me. He's a rare blend of renowned surgeon, entrepreneur, real estate investor, pilot, and blockchain technology expert."

Felix Okoth, PMP®, Keynote Speaker, Author, Executive Leadership Coach | From Invisible To Influential

-- Ryan Smolarz was a knowledgeable guest on the Awakened Titans Podcast, where he spoke about Financial Freedom For Doctors. His clear, practical advice and deep understanding of both medicine and money made this episode a must-listen for healthcare professionals aiming to take control of their financial future.



Lily Patrascu, book publisher - www.lily.global and host

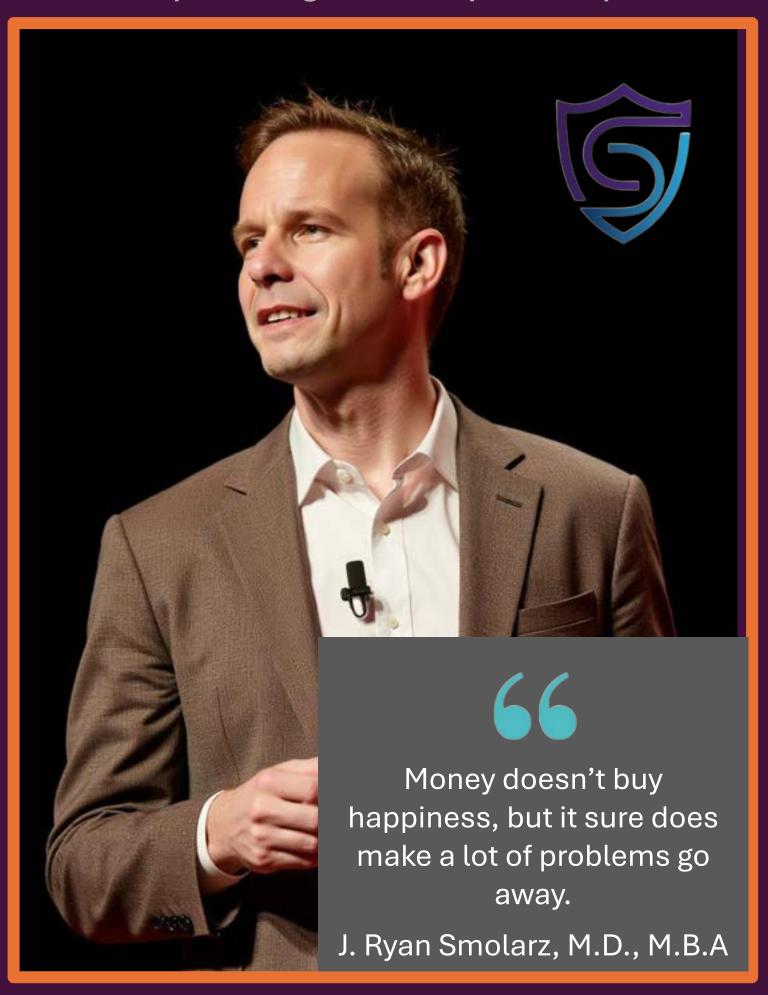
-- I've known Dr. Ryan Smolarz personally for several years, and we've shared conversations at investment gatherings from Las Vegas to Tampa. Beyond being a trusted friend, Ryan has always impressed me with his disciplined approach, intellectual curiosity, and sharp eye for opportunity. He brings the same level of precision and thoughtful analysis to investing as he does to his medical practice—qualities that speak volumes about his character and professionalism.



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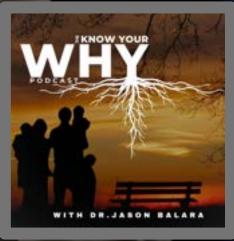
Al & Machine Learning Strategist | Quantitative Fund Manager | Systematic Trading & Algo Development | Fintech Innovator | Speaker

Invite Ryan to give a Keynote Speech













Ryan's insights have been seen on:



yahoo!finance





Potential Topics to Discuss

- 1. Why is the 10 B's system different than other methods?
- 2. How does learning to invest help patients?
- 3. Should I care about psychology in investing?
- 4. Do I need to understand markets?

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Ferraris are great, but assets are better.

J. Ryan Smolarz, M.D., M.B.A

Interview Questions

- 1. Why are you so passionate about showing doctors your method of going from a novice to an investor?
- 2. What was the pivotal moment in your life that shifted your mindset from being a consumer to an investor?
- 3. How did your background in medicine and business influence your approach to investing?
- 4. What do you think is the most common misconception doctors have about investing?
- 5. Can you walk us through the mental transformation you had to go through to start viewing financial decisions as investments rather than expenses?
- 6. How does your understanding of risk in medicine differ from the way you approach risk in investments, and what have you learned from this?
- 7. In your experience, how does the mindset of a doctor differ from the mindset of a investor?
- 8. What do you think is the biggest obstacle for most people when it comes to understanding their personal investment strategy?
- 9. What would you say to someone who is hesitant to start investing because they fear losing their money?
- 10. How important is it to have a team or community when transitioning into investing, and what role has that played in your journey?
- 11. How do you view the concept of "due diligence" in both the medical and investment worlds, and what steps do you take to ensure you're making the right decisions?
- 12. What would you tell someone who's scared of making their first investment or diving into real estate?
- 13. What has been your most eye-opening experience regarding how wealth-building works, especially as it pertains to real estate?
- 14. How do you approach the concept of "failure" in investing, especially when your medical background likely led you to focus on avoiding failure at all costs?
- 15. What advice would you give to someone who is a consumer right now but is looking to take that first step toward becoming an investor?

Why Ryan Is So Passionate about Investing

This Process Changed My Life—And It Can Change Yours Too

I'm not exaggerating when I say that this process transformed my life. Back in 2017, I was exactly where you might be right now—feeling overwhelmed, frustrated, and stuck in a system that seemed designed to keep me in the grind. I didn't know how to allocate capital. I didn't know how to invest. I just knew I was tired of working for money instead of having money work for me.

Every morning, I'd wake up with that familiar knot in my stomach—the dread of another day spent trading my time for money, with nothing to show for it at the end of the month. Despite years of medical training and a "good job," I was still no where near where I wanted to be financially, watching my colleagues fall into the same trap of high income but low wealth. I knew something had to change, but I didn't know where to start.

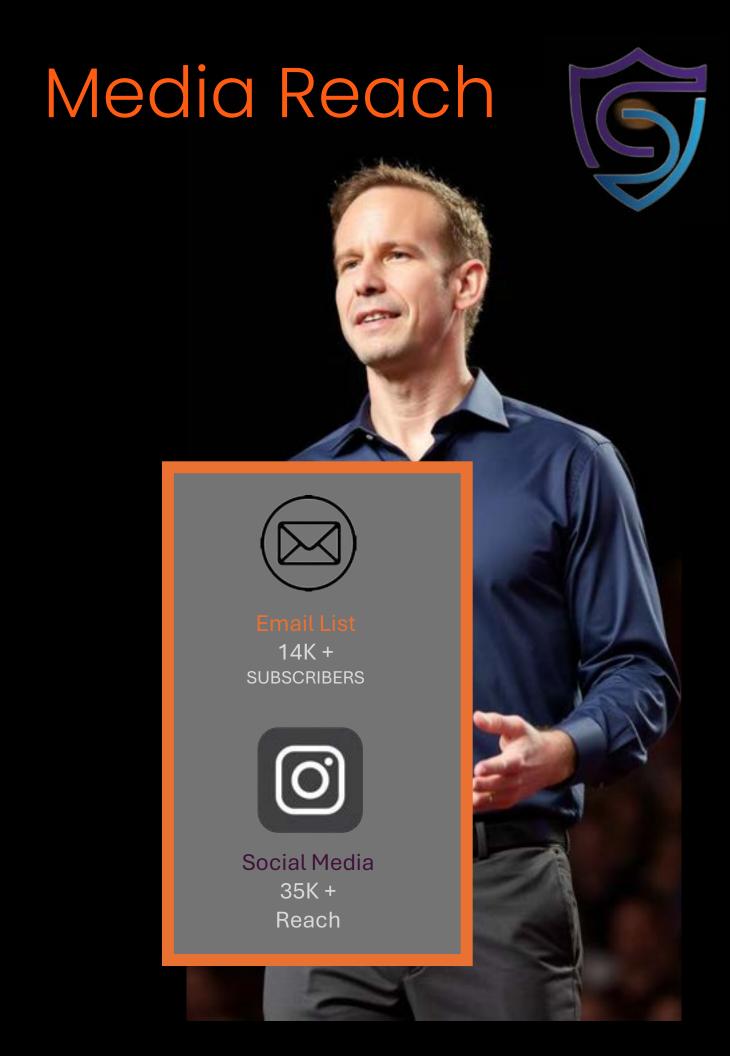
It took me years of trial and error, countless mistakes, and a fortune in time and money to figure out the right path. And that's why I created the 10 B's Framework—to take the pain out of investing and to give you a clear, actionable path to financial freedom.

Podcast





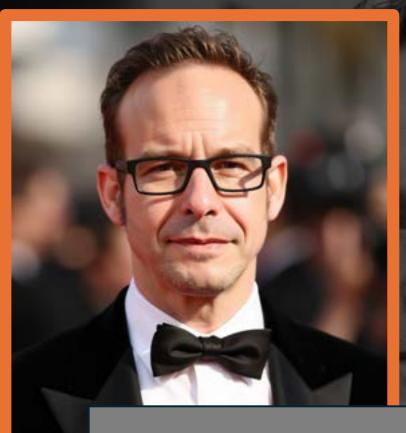
This show is for doctors, investors, entrepreneurs, and anyone seeking to combine the power of medicine and money. You'll learn proven strategies and tactics to maximize your wealth and influence by understanding the intersection of healthcare and investing. Each episode is hosted by Joseph Ryan Smolarz, a leading figure in healthcare entrepreneurship, and his team, as they share expert insights and practical advice on navigating both fields. The Medicine and Money Show is trusted by industry leaders and influencers who seek guidance in building financial freedom through investments in healthcare and real estate.





Ryan's Statistics

- \$68K+ hours worked in hospitals
- 10K+ surgeries performed
- 150K+ patients under his care
- Board certified in Otolaryngology
- Completed the Otolaryngologic Allergy board exam
- Licensed to practice medicine in Texas, Arkansas, Louisiana, and the U.S. Virgin Islands
- 6 Patents published with one patented product on the market
- 4K+ hours in finance education with extensive experience in macroeconomics
- 30 million+ in assets under management
- CEO and founder of multiple companies
- Extensive trading experience in the equities and crypto markets
- Private Pilot, IFR, Multiengine, Multiengine Commercial Flight ratings





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FOR ALL GENERAL INQUIRIES PLEASE EMAIL: rsmolarz@rsmolarz.com

Follow Ryan on Socials:













Tech Info



Ryan will do his best to be stationary for this interview in his home studio prepared with front lighting, live video, audio headset, high quality microphone and sound equipment. But he has an intense travel schedule and sometimes has to do interviews from the road or his hotel room. Please let him know if you have any special requirements.



I hope to have the opportunity to meet you and provide value to your community.

